



Requirements for the Social Distancing Patch

Do the following:

Explain to your counselor the most likely hazards you may encounter when practicing Social Distancing, and what you should do to anticipate, help prevent, mitigate, and respond to these hazards.

Define the following Social Distancing terms:

- flatten the curve
- self-quarantine
- incubation
- R-naught
- binge-watching
- slow the spread
- Do the five

Using Zoom or other remote conferencing software approved by your counselor, do the following:

- Schedule and run a meeting that lasts at least 30 minutes and includes at least 5 people. The people must include yourself, your counselor, and at least one other adult.
- Attend an online or virtual meeting with your troop
- Discuss with your troupe the difference between being prepared and panic buying or hoarding.

Demonstrate your ability to socially distance yourself by doing at least 4 of the following Social Distancing activities:

- Wash your hands correctly
- Cough into your elbow
- Wave to another person
- Pass someone on a walking path
- Correctly put on and take off nitrile gloves
- Sew a face mask

Order a take-out meal for your family using a phone or the internet. You or your parent may pay for the meal.

Participate in Social Distancing by doing the following:

Live in a quarantine environment by not leaving your house for 4 days.

During this simulation, complete at least Five of these tasks:

- Complete 1 jigsaw puzzle of at least 500 pieces
- Memorize lyrics to 3 songs
- Watch 1 full season of any video series, totaling at least 6 hours and approved by your parent or guardian
- Read 1 book of at least 300 pages
- Watch at least 4 movies starring Tom Hanks
- Attend an online or virtual meeting with your troop
- Earn a merit badge working entirely online
- Play a online game with a friend
- Complete a homework assignment and turn it in online
- Cook a meal using your family food storage

Take a virtual tour of a museum or national park

- <https://artsandculture.withgoogle.com/en-us/national-parks-service/parks>
- <https://www.uswitch.com/broadband/guides/virtual-school-trips>